



The 16th Annual



GENERATIONS MAGAZINE HAWAII'S RESOURCE FOR LIFE



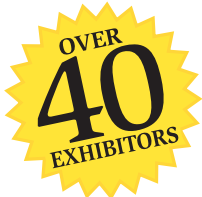
ALOHACARE

AGING IN PLACE WORKSHOP

Saturday, Aug. 3, 8am–2:15 pm

Ala Moana Hotel

Hotel parking validations available
FREE Event | No Reservations Required



Call for more information:
808-722-8487



NA HO'OKELE
FINANCIAL ADVISORY TEAM
Powered by Ameriprise Financial



	HIBISCUS ROOM	GARDEN LANAI	PAKALANA ROOM	PLUMERIA ROOM	ILIMA ROOM	CARNATION ROOM
AM Session	8:30 – 9:15 Six Pillars of Brain Health <i>Amy Kelley, Certified Brain Health Trainer</i> AARP Hawai'i	Staying Healthy, Safe & Social — Tips & Resources for Seniors <i>CJ Johnson, Product & Member Engagement Manager</i> AlohaCare	Reverse Mortgages: All You Need to Know <i>Percy Ihara, Hawai'i Reverse Mortgage Expert</i> One Trust Home Loans	Real Estate Planning for the Future & Beyond <i>Dan Ihara, CEO & Founder and National Coach</i> The Ihara Team/ KW Real Estate Planner	Beyond Joint & Muscle Support — Breakthrough Longevity Results from NIH with ZanthoSyn <i>David G. Watumull, CEO</i> Cardax Inc.	Let's Talk About Adult Day Care <i>Kathy Wyatt, President</i> Hale Hau'oli Hawai'i
	9:30 – 10:15 Tech: Intro to Smart Homes <i>Sherlyn Freeman & Kristina Demery</i> Senior Planet	Social Security 101 <i>SSA Representative</i> Social Security Administration	The Heartfelt Method To Estate Planning <i>Monica Yempuku, Esq. & Christina Leos</i> Yim & Yempuku Law	Unveiling the Allure of Today's Long-Term Care Solutions <i>Roger Higa, CLTC Financial Professional</i> Roger Higa Financial Services	Safe Falling for Kūpuna <i>Bill Doi, President</i> Kupuna Aikido	Decluttering Tips for Your Home <i>Cynthia Arnold & Jon Vendiola</i> Lets Move LLC
	10:30 – 11:15 Care Resources at Every Stage <i>Nicole Coglietta</i> Care Sift	Navigating Medicare in These Challenging Times <i>Travis Motosue, President</i> Financial Benefits Insurance Inc.	Do You Have a Plan for Extended Care? <i>Michael Yee, CFP</i> Ameriprise Financial Services LLC	Recognizing Fall Risk: An Occupational Therapist's Perspective <i>Damian Sempio, Thrive for Life & Joni Kamiya, OT Association of HI</i>	Wandering & Dementia: Triggers, Tips & How to Keep our Loved Ones Safe <i>Dr. Poki'i Balaz</i> Alzheimer's Association — Hawai'i Chapter	Est8Planning for Geniuses <i>Scott Makuakane</i> Counselor at Law Est8Planning Counsel LLLC
Mid-Day Break	Visit Exhibitors (Open all day)	Visit Exhibitors (Open all day)	Visit Exhibitors (Open all day)	Visit Exhibitors (Open all day)	Visit Exhibitors (Open all day)	Visit Exhibitors (Open all day)
PM Session	11:30 – 12:15 Tech: Intro to Digital Wallets <i>Sherlyn Freeman & Kristina Demery</i> Senior Planet	Staying Healthy, Safe & Social — Tips & Resources for Seniors <i>CJ Johnson, Product & Member Engagement Manager</i> AlohaCare	Reverse Mortgages: All You Need to Know <i>Percy Ihara, Hawai'i Reverse Mortgage Expert</i> One Trust Home Loans	Real Estate Planning for the Future & Beyond <i>Dan Ihara, CEO & Founder and National Coach</i> The Ihara Team/ KW Real Estate Planner	Beyond Joint & Muscle Support — Breakthrough Longevity Results from NIH with ZanthoSyn <i>David G. Watumull, CEO</i> Cardax Inc.	Let's Talk About Adult Day Care <i>Kathy Wyatt, President</i> Hale Hau'oli Hawai'i
	12:30 – 1:15 Fight Fraud! <i>Curt Hasegawa</i> AARP Hawai'i	Social Security 101 <i>SSA Representative</i> Social Security Administration	The Heartfelt Method To Estate Planning <i>Monica Yempuku, Esq. & Christina Leos</i> Yim & Yempuku Law	Unveiling the Allure of Today's Long-Term Care Solutions <i>Roger Higa, CLTC Financial Professional</i> Roger Higa Financial Services	Fun After 55 — Recreational Programs <i>Steven Santiago, Senior Citizens Coordinator</i> HCC Department of Parks & Recreation	Decluttering Tips for Your Home <i>Cynthia Arnold & Jon Vendiola</i> Lets Move LLC
	1:30 – 2:15 Tech: Streaming & Smart TV's <i>Sherlyn Freeman & Kristina Demery</i> Senior Planet	Navigating Medicare in These Challenging Times <i>Travis Motosue, President</i> Financial Benefits Insurance Inc.	Do You Have a Plan for Extended Care? <i>Michael Yee, CFP</i> Ameriprise Financial Services LLC	Recognizing Fall Risk: An Occupational Therapist's Perspective <i>Damian Sempio, Thrive for Life & Joni Kamiya, OT Association of HI</i>	Wandering & Dementia: Triggers, Tips & How to Keep our Loved Ones Safe <i>Dr. Poki'i Balaz</i> Alzheimer's Association — Hawai'i Chapter	Est8Planning for Geniuses <i>Scott Makuakane</i> Counselor at Law Est8Planning Counsel LLLC